












	Total Calories (cal)		Calories from Fat (fat cal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)		Vitamin A (%DV)		Vitamin C (%DV)		Calcium (%DV)		Iron (%DV)		
	half	large	half	large	half	large	half	large	half	large	half	large	half	large	half	large	half	large	half	large	half	large	half	large	half	large	half	large	half	large	
HOUSE-MADE SOUPS																															
Chicken Enchilada Chili	180	360	90	180	12	24	4½	9	0	0	50	100	900	1790	11	22	2	3	2	5	7	13	30%	60%	30%	60%	15%	30%	10%	20%	
Lobster Bisque	350	700	290	590	35	69	23	45	0	0	135	270	730	1470	10	21	1	3	3	5	3	5	60%	120%	10%	20%	3%	6%	4%	8%	
Mushroom Bisque 	250	500	200	390	23	46	15	30	0	0	85	165	760	1530	10	20	1	2	3	7	2	4	20%	40%	4%	8%	2%	4%	4%	8%	
New England Clam Chowder	370	730	300	600	35	70	23	46	0	0	135	270	1540	3090	12	24	1	2	1	3	4	7	25%	50%	20%	40%	2%	4%	5%	10%	
Roasted Red Pepper & Lobster	360	720	310	610	36	73	24	48	0	0	155	305	710	1430	9	19	1	2	3	6	3	6	45%	90%	40%	80%	6%	10%	4%	8%	
Roasted Veggie & Quinoa 	80	160	20	45	2½	5	0	0	0	0	0	780	1560	11	21	2	4	4	7	4	8	30%	60%	25%	50%	5%	10%	6%	12%		
Southwest Potato and Green Chili	280	560	210	420	25	49	15	30	0	0	90	185	760	1520	15	30	2	3	2	4	3	6	20%	35%	20%	40%	2%	6%	4%	8%	
Tomato Basil 	280	560	200	400	23	47	10	20	0	0	55	110	1090	2180	18	37	2	3	12	23	2	4	30%	60%	20%	40%	5%	10%	8%	16%	
Wisconsin Cauliflower 	430	860	360	720	43	86	26	53	0	0	170	340	520	1040	6	12	0	1	0	1	6	12	35%	70%	15%	30%	25%	50%	2%	4%	
Yucatan Chicken Tortilla	110	220	40	80	4	8	½	1	0	0	30	60	1560	3120	8	16	1	3	2	4	11	21	8%	16%	15%	30%	4%	8%	10%	20%	

GOURMET SANDWICHES	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white
	BBQ Pulled Pork	610	670	250	270	30	32	4½	5	0	0	55	55	1100	1230	63	71	3	3	18	18	23	24	8%	8%	70%	80%	15%	20%	25%
California Club	600	660	290	310	33	35	9	9	0	0	55	55	1520	1650	49	57	5	5	3	5	26	27	20%	20%	20%	30%	30%	35%	20%	25%
Classic Italian	630	690	350	370	39	41	10	11	0	0	65	65	1560	1690	46	54	3	3	5	5	20	21	20%	20%	15%	25%	30%	30%	20%	25%
Vegetarian 	670	730	380	400	42	44	10	10	0	0	30	30	910	1040	52	60	6	6	4	4	21	22	25%	25%	35%	40%	35%	40%	25%	30%

GRILLED PANINIS	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white	wheat	white
	Bistro Braised Turkey	590	650	300	320	34	36	9	10	0	0	60	60	1320	1450	48	56	3	3	5	5	22	23	25%	25%	20%	30%	25%	30%	15%
Crab Avocado Melt	580	640	340	360	39	41	9	10	0	0	45	45	1800	1950	55	63	5	5	6	6	21	22	10%	10%	15%	25%	50%	60%	20%	25%
Cuban Grilled Pork	660	720	300	320	34	36	9	10	0	0	90	90	1850	1980	54	62	3	3	10	10	32	33	10%	10%	50%	60%	35%	40%	35%	35%
Honey Bacon Club	590	650	270	290	30	32	8	9	0	0	50	50	1520	1650	53	61	2	2	12	12	22	23	10%	10%	15%	25%	25%	30%	15%	20%
Pesto Chicken	670	730	370	390	40	42	9	10	0	0	70	70	1140	1270	46	54	3	3	3	3	26	27	15%	15%	25%	30%	25%	30%	20%	25%
Turkey Bacon Avocado	580	640	260	280	29	31	8	9	0	0	55	55	1490	1620	51	59	5	5	7	7	25	26	10%	10%	15%	25%	30%	35%	20%	25%
Turkey Spinach Artichoke	670	730	370	390	40	42	10	11	0	0	65	65	1500	1630	48	56	3	3	4	4	24	25	25%	25%	20%	30%	35%	40%	20%	25%
Ultimate Grilled Cheese	610	670	360	380	39	41	12	12	0	0	50	50	880	1010	44	52	2	2	3	3	16	17	15%	15%	15%	25%	40%	45%	15%	20%

CHEF-CRAFTED SALADS	half	large	half	large	half	large	half	large	half	large	half	large	half	large	half	large	half	large	half	large	half	large	half	large	half	large	half	large	half	large
	Asian Citrus Chicken	390	530	210	280	23	31	2½	3½	0	0	20	40	600	890	31	39	3	4	18	24	14	21	120%	170%	60%	70%	6%	8%	20%
Asian Citrus Chicken without dressing	220	270	100	110	11	13	1	1½	0	0	20	40	280	420	18	19	3	3	6	6	13	20	120%	170%	60%	70%	6%	6%	20%	25%
BBQ Chicken	400	540	210	290	23	31	3½	5	0	0	30	55	770	1140	33	38	4	5	14	18	11	19	100%	150%	15%	20%	6%	8%	10%	15%
BBQ Chicken without dressing	250	310	70	90	8	10	1	1.5	0	0	20	40	420	610	30	34	4	5	13	16	11	18	100%	150%	15%	20%	4%	6%	10%	15%
California Chicken Cobb with Fresh Herb Vinaigrette	480	720	340	490	39	56	7	10	0	0	125	240	590	990	16	22	3	4	10	15	19	33	120%	170%	25%	35%	8%	10%	15%	25%
California Chicken Cobb with Ranch Dressing	410	610	280	410	31	45	7	11	0	0	135	255	800	1300	11	13	3	4	3	4	19	33	120%	170%	25%	30%	10%	15%	15%	25%
California Chicken Cobb without dressing	260	380	150	210	17	23	5	7	0	0	125	240	450	780	8	9	3	4	2	2	19	32	120%	170%	25%	30%	8%	10%	15%	25%
California Turkey Cobb with Fresh Herb Vinaigrette	510	780	350	520	41	60	8	12	0	0	135	255	910	1630	18	24	3	4	11	17	22	38	120%	170%	25%	35%	8%	10%	15%	20%
California Turkey Cobb with Ranch Dressing	440	680	290	430	33	49	8	13	0	0	145	270	1120	1940	12	16	3	4	4	7	22	39	120%	170%	25%	30%	10%	15%	15%	20%
California Turkey Cobb without dressing	290	450	160	240	19	27	6	9	0	0	135	255	770	1420	9	12	3	4	3	5	22	38	120%	170%	25%	30%	8%	10%	15%	20%
Chipotle Glazed Chicken	480	620	260	340	29	38	6	8	0	0	40	65	930	1330	38	45	6	7	17	21	16	23	110%	160%	40%	45%	15%	20%	15%	15%
Chipotle Glazed Chicken without dressing	330	400	130	150	15	17	4	4½	0	0	30	55	580	820	36	41	6	6	16	20	15	22	110%	160%	40%	45%	15%	15%	15%	15%
Chipotle Glazed Pork	560	780	290	400	33	46	8	11	0	0	75	130	1150	1770	40	48	6	7	17	21	24	40	110%	160%	60%	80%	15%	20%	20%	30%
Chipotle Glazed Pork without dressing	410	560	170	210	19	25	6	8	0	0	65	115	800	1250	38	44	6	6	16	20	23	39	110%	160%	60%	80%	15%	15%	20%	30%
Citrus Berry Chicken	400	560	280	400	32	45	4	6	0	0	30	50	240	400	18	22	3	4	12	15	13	21	50%	70%	45%	50%	8%	10%	8%	10%
Citrus Berry Chicken without dressing	180	230	90	100	10	11	2	3	0	0	30	50	180	310	12	13	3	3	6	7	1	21	50%	70%	40%	50%	8%	10%	8%	10%
Garden Chicken Chop with Fresh Herb Vinaigrette	450	660	290	420	32	48	6	8	0	0	40	70	660	1020	24	29	2	3	11	15	17	28	110%	160%	20%	25%	15%	15%	8%	10%
Garden Chicken Chop with Ranch Dressing	380	550	230	330	25	37	6	9	0	0	50	80	870	1330	18	20	2	2	4	5	18	29	110%	160%	20%	25%	15%	15%	8%	10%
Garden Chicken Chop without dressing	230	320	100	140	10	15	4	6	0	0	40	70	520	810	16	16	2	2	3	3	17	28	110%	160%	20%	25%	15%	15%	8%	10%
Kale and Quinoa 	480	710	230	340	27	39	4	5	0	0	0	420	640	49	77	4	6	24	33	11	15	180%	260%	170%	250%	25%	30%	15%	25%	
Kale and Quinoa without dressing 	260	380	45	50	5	6	2½	2½	0	0	0	280	430	40	65	4	6	15	21	11	15	180%	260%	170%	240%	25%	25%	15%	25%	
Mangoberry 	240	330	110	160	13	18	1	1½	0	0	0	90	130	28	39	3	4	25	34	3	3	110%	170%	60%	80%	6%	8%	6%	8%	
Mangoberry without dressing 	100	120	20	20	2½	2½	0	0	0	0	0	35	45	17	22	3	4	13	17	2	2	110%	160%	50%	70%	4%	6%	6%	8%	
Nuts About Berries 	310	450	190	280	21	30	1½	2	0	0	0	80	110	28	42	4	7	23	33	2	3	100%	150%	45%	80%	4%	8%	6%	10%	
Nuts About Berries without dressing 	90	120	20	25	3	3	0	0	0	0	0	35	45	14	22	4	7	9	13	2	3	100%	150%	45%	80%	4%	6%	6%	10%	
Strawberry Harvest Chicken	390	530	210	290	24	32	4	5	0	0	30	50	300	470	34	42	3	3	28	36	11	19	100%	150%	40%	50%	10%	10%	6%	10%
Strawberry Harvest Chicken without dressing	210	260	90	110	11	12	3	3½	0	0																				

	Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)
KID'S COMBO															
2 All-Natural Chicken Strips	200	110	12	3	0	45	520	10	2	0	13	0%	0%	0%	0%
Fruit Cup	80	0	0	0	0	0	5	19	1	17	0	2%	10%	0%	2%
Grilled Cheese Sandwich on Ancient Grain	410	180	19	8	0	35	690	41	2	2	16	8%	6%	35%	15%
Grilled Cheese Sandwich on Italian Ciabatta	470	200	21	9	0	35	820	49	2	2	17	8%	15%	40%	20%
Kid's Soup: Chicken Enchilada Chili	140	70	9	3½	0	40	670	8	1	2	5	20%	25%	10%	8%
Kid's Soup: Lobster Bisque	260	220	26	17	0	100	550	8	1	2	2	45%	8%	2%	4%
Kid's Soup: New England Clam Chowder	280	220	26	17	0	100	1160	9	0	1	3	20%	15%	2%	4%
Kid's Soup: Roasted Red Pepper & Lobster	260	220	26	17	0	110	540	7	1	2	2	35%	30%	4%	4%
Kid's Soup: Roasted Veggie & Quinoa	50	15	1½	0	0	0	470	6	1	2	2	20%	15%	4%	4%
Kid's Soup: Southwest Potato & Green Chili	210	160	19	11	0	70	570	11	1	1	2	15%	15%	2%	2%
Kid's Soup: Tomato Basil	210	150	18	7	0	40	820	14	1	9	2	20%	15%	4%	6%
Kid's Soup: Wild Mushroom Bisque	190	150	17	11	0	65	570	8	1	3	2	15%	4%	2%	2%
Kid's Soup: Wisconsin Cauliflower	320	270	32	20	0	130	390	5	0	0	5	25%	10%	20%	2%
Kid's Soup: Yucatan Chicken Tortilla	70	25	2½	0	0	20	940	5	0	1	6	4%	8%	2%	6%

	Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)
DESSERTS															
Belgian Chocolate-Dipped Coconut Macadamia Cookie	240	120	13	8	0	10	100	28	1	19	3	4%	0%	2%	2%
Belgian Chocolate-Dipped Macadamia Nut Cookie	240	110	12	8	0	5	140	32	0	21	3	4%	0%	2%	6%
Belgian Chocolate-Dipped Chocolate Chip Cookie	220	90	10	6	½	5	170	32	0	21	3	0%	0%	2%	6%
Belgian Chocolate-Dipped Toffee Cookie	230	90	10	6	0	10	170	32	0	22	3	0%	0%	2%	2%
Belgian Chocolate-Dipped Strawberry	45	20	2	2	0	0	0	7	1	6	1	0%	40%	2%	2%
Caramel Rockslide Brownie	550	310	35	15	½	105	230	56	2	42	5	25%	0%	8%	25%
Chocolate Mousse Cake	630	400	44	22	0	120	570	57	2	41	5	25%	0%	8%	15%
Crème Brûlée Cheesecake	350	220	24	14	0	105	260	28	2	19	5	15%	4%	4%	4%
Crispy Marshmallow Bar	450	130	14	11	0	20	320	69	1	50	5	2%	0%	2%	6%
Million Dollar Bar	590	340	38	14	0	10	220	56	4	41	8	8%	2%	15%	20%
Mixed Berry Crème Brûlée	390	280	33	23	0	125	50	27	1	22	2	20%	4%	6%	0%
Salted Caramel Crème Brûlée	420	290	34	23	0	130	110	31	0	25	2	20%	0%	6%	0%

	Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)
SOUP MIX-INS															
Cheddar Cheese	50	40	4½	2½	0	10	85	0	0	0	3	2%	0%	10%	0%
Applewood Smoked Bacon	40	25	3	1	0	10	160	0	0	0	3	0%	0%	0%	0%
Focaccia Croutons	45	15	1½	0	0	0	125	7	0	0	1	0%	0%	0%	0%
Goat Cheese	35	25	3	2	0	10	35	1	0	0	2	2%	0%	2%	0%
Hass Avocado	45	35	4½	½	0	0	0	2	1	0	0	0%	2%	0%	0%
Onion Crisps	60	45	4½	0	0	0	40	5	0	0	0	0%	0%	0%	0%
Orzo Pasta	25	5	½	0	0	0	0	5	0	0	1	0%	0%	0%	2%
Shaved Parmesan Cheese	40	20	2	2	0	0	115	0	0	0	4	0%	0%	15%	0%
Sour Cream	40	35	4	2½	0	15	30	1	0	0	0	2%	0%	2%	0%
Tortilla Strips	90	40	4½	½	0	0	2	10	2	0	1	0%	0%	2%	2%
Wonton Strips	70	35	4	0	0	0	60	7	0	0	1	0%	0%	0%	2%

	Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)
SANDWICH ADD-ONS															
Applewood Smoked Bacon	40	25	3	1	0	5	240	0	0	0	3	0%	0%	0%	0%
Hass Avocado	60	50	6	1	0	0	0	3	2	0	1	0%	2%	0%	0%

	20 oz.	30 oz.	20 oz.	30 oz.	20 oz.	30 oz.	20 oz.	30 oz.	20 oz.	30 oz.	20 oz.	30 oz.	20 oz.	30 oz.	20 oz.	30 oz.	20 oz.	30 oz.	20 oz.	30 oz.										
HOUSE-MADE DRINKS																														
Turmeric Ginger Green Tea	110	160	0	0	0	0	0	0	0	0	0	0	50	75	31	46	0	0	28	41	0	0	0%	0%	6%	8%	0%	2%	0%	2%
Orangeberry Infusion	130	190	0	0	0	0	0	0	0	0	0	0	20	30	35	52	0	0	32	48	0	1	2%	4%	50%	80%	2%	4%	0%	2%
Blackberry Basil Infusion	110	170	0	0	0	0	0	0	0	0	0	0	30	50	31	46	1	1	28	42	0	0	0%	0%	8%	15%	2%	4%	0%	0%
Raw-Honey Lemonade	120	180	0	0	0	0	0	0	0	0	0	0	20	30	33	50	0	0	30	46	0	0	0%	0%	10%	15%	2%	2%	0%	0%

	16 oz.	22 oz.	16 oz.	22 oz.	16 oz.	22 oz.	16 oz.	22 oz.	16 oz.	22 oz.	16 oz.	22 oz.	16 oz.	22 oz.	16 oz.	22 oz.	16 oz.	22 oz.	16 oz.	22 oz.	16 oz.	22 oz.	16 oz.	22 oz.							
FOUNTAIN DRINKS																															
Barq's Root Beer®	200	280	0	0	0	0	0	0	0	0	0	0	90	280	58	79	0	0	58	79	0	0	0%	0%	0%	0%	0%	0%	0%	0%	
Cherry Coke®	190	260	0	0	0	0	0	0	0	0	0	0	45	60	54	74	0	0	54	74	0	0	0%	0%	0%	0%	0%	0%	0%	0%	
Coca-Cola Classic®	190	260	0	0	0	0	0	0	0	0	0	0	60	80	50	69	0	0	50	69	0	0	0%	0%	0%	0%	0%	0%	0%	0%	
Coke Zero®	0	0	0	0	0	0	0	0	0	0	0	0	50	70	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0%	0%	0%	0%
Diet Coke®	0	0	0	0	0	0	0	0	0	0	0	0	50	70	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0%	0%	0%	0%
Diet Dr. Pepper®	0	0	0	0	0	0	0	0	0	0	0	0	75	105	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0%	0%	0%	0%
Dr. Pepper®	190	260	0	0	0	0	0	0	0	0	0	0	75	105	51	70	0	0	94	67	0	0	0%	0%	0%	0%	0%	0%	0%	0%	0%
Gold Peak® Unsweetened Tea	0	0	0	0	0	0	0	0	0	0	0	0	45	65	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0%	0%	0%	0%
Hi-C Flashin' Fruit Punch®	200	270	0	0	0	0	0	0	0	0	0	0	250	340	52	71	0	0	52	71	0	0	0%	0%	0%	0%	0%	0%	0%	0%	0%
Minute Maid® Light Lemonade	4	5	0	0	0	0	0	0	0	0	0	0	0	5	1	1	0	0	0	0	0	0	0	0%	0%	25%	35%	0%	0%	0%	0%
Powerade® Mountain Blast	100	140	0	0	0	0	0	0	0	0	0	0	190	260	27	37	0	0	26	35	0	0	0%	0%	0%	0%	0%	0%	0%	0%	0%
Sprite®	180	250	0	0	0	0	0	0	0	0	0	0	85	115	49	67	0	0	49	67	0	0	0%	0%	0%	0%	0%	0%	0%	0%	0%
Vitamin Water XXX® Pomegranate Acai Blueberry	90	130	0	0	0	0	0	0	0	0	0	0	0	0	25	35	0	0	25	34	0	0	20%	25%	80%	110%	0%	0%	0%	0%	

	Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)
CANNED DRINKS															
Coke® (12 oz)	140	0	0	0	0	0	45	39	0	39	0	0%	0%	0%	0%
Diet Coke® (12 oz)	0	0	0	0	0	0	40	0	0	0	0	0%	0%	0%	0%
Dr. Pepper® (12 oz)	150	0	0	0	0	0	55	40	0	40	0	0%	0%	0%	0%
Mr. Pibb® (12 oz)	140	0	0	0	0	0	40	39	0	39	0	0%	0%	0%	0%
Sprite® (12 oz)	140	0	0	0	0	0	65	38	0	38	0	0%	0%	0%	0%

	Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)</
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